

HEALTHY LANDSCAPES



FOSTER HEALTHY COMMUNITIES

Don't let the familiar fool you! Our yards, parks, ball fields, and playgrounds aren't just places to play; they're silent guardians of our community's health, providing essential benefits through their trees, grass, and plants.



BETTER MENTAL HEALTH

Spending time in nature has been shown to reduce stress, improve mood, and boost cognitive function, contributing to overall well-being.¹



GREATER CONNECTIONS

Green spaces provide vital areas for recreation, relaxation, and social interaction, fostering a sense of community and well-being.



BETTER AIR QUALITY

By absorbing carbon dioxide, our yards and landscapes help combat climate change by storing carbon and reducing greenhouse gases.²



COOLER TEMPERATURES

Trees, shrubs and grass cool down surrounding areas, reducing the "urban heat island" effect and lowering energy consumption.³

Research sources include: 1. International Journal of Environmental Research and Public Health, 2. The Lawn Institute, U.S. 3. Department of Energy